



Round trip to Runde Bird Island

Ålesund – Hareid - Runde – Ålesund

This is a “Travel like the locals” tour. The tours use public transport, i.e. regular buses, ferries and boats, but we have done the planning for you so that you can concentrate on enjoying your trip. You travel on your own - there is no guide or tour leader. On most of our tours you must change several times between different buses/ferries/boats, and it is up to you to make sure you catch your connections – truly travelling like a local! (The tours are set up so that the buses, ferries and boats connect.)

This tour by fast-speed ferry and bus takes you from Ålesund via Hareid and Fosnavåg to the bird island of Runde.

The island is a popular destination all year round but is spectacular in the summer due to its teeming bird-life. Runde is located right at next to the ocean with about 150 permanent residents.

In the season there are approximately 100,000 seabirds on the island, most of them live on the bird mountain. Around 80 species have been found breeding, and more than 300 species have been registered on the bird island.

The bird mountain is the southernmost in Norway and is the most species-rich seabird area in the country. There is an active birdlife all year on the island, and in the winter, you can study the toughest species, which thrive in the harsh and wild climate.

It is also possible to see the colonies by hiking up the mountain along marked paths. It is important to remember that conservation regulations apply due to the vulnerable nature.

The area is fantastic for diving and fishing, and also offer great opportunities for hiking.

[Experience Runde](#) offers a variety of activities, and at Runde Environmental Center you can find a café.

Departure from: Ålesund express boat terminal, Skateflukaia (near the Tourist Information)

[Download free audio guide for this trip](#)

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This itinerary is not valid as a ticket.

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Itinerary and transport information

Ålesund - Hareid - Runde - Ålesund			
	Monday - Friday		Bus/express boat line
From Ålesund express boat terminal (Skateflukaia)	08:50		5 (Express boat)
From Hareid	09:23		330 (Bus)
To Fosnavåg	10:20		
From Fosnavåg	10:30		331 (Bus)
To Runde (at Goksøyr snuplass)	11:00		
From Runde	14:50	17:15	331 (Bus)
To Fosnavåg	15:20	17:45	
From Fosnavåg	15:50	17:50/19:55*	330 (Bus)
To Hareid	16:55	18:55/20:55	
From Hareid	17:05	19:05/21:00	5 (Express boat)
To Ålesund express boat terminal (Skateflukaia)	17:28	19:28/21:30	

* From 24.06.24-18.08.24 return from Fosnavåg terminal at 19:55. Before 24.06.24 and from 19.08.24 return at 17:50.

Ålesund-Hareid: Take express boat line 5 towards Hareid from Ålesund express boat terminal at Skateflukaia, which is next to the Tourist Information. The boat stops at Valderøya before Hareid. Please stay on board the boat during the stop at Valderøya.

Hareid-Fosnavåg: From Hareid you take bus 330 towards Fosnavåg. The bus departs from Hareid bus terminal, next to the express boat quay. The bus goes via Ulsteinvik, Garnes and Myrvåg to Fosnavåg. Take the bus to the bus stop "Fosnavåg terminal".

Fosnavåg-Runde: At Fosnavåg terminal you switch to bus 331 towards Runde. Take the bus all the way to the end stop, called "Goksøyr snuplass".

Return trip: The return trip takes the same route back to Ålesund, only in the opposite order.

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